

Facts for getting involved: AccessMyHealth.org

Online personalized health records for all Washingtonians

In a nutshell. AccessMyHealth.org is a partnership of Washingtonians — patients, doctors and others — that will be exploring ways to improve patients' access to their personal health information.

The AccessMyHealth.org partnership, convened by the Washington State Health Care Authority, is supporting the concept of secure online personalized health records to help you gather and store a copy of your health information to share with your doctors, family members and others. When patients have more information, they can partner more effectively with their doctors and take greater ownership of their health and healthcare.

We're looking for volunteers now!

We are looking for volunteers to help us explore how and when an online personalized health record could be useful to patients, their families and doctors. We encourage all Washingtonians to share their thoughts.

A few of the questions we're looking to answer.

Are you interested in having access to your personal health information in one place? If so, what information is most important to include, and how would you use it? What's most useful to parents, seniors or people with certain medical conditions? What is the most useful health information from the doctor's perspective?

Will an online personalized health record benefit the patient or the doctor? Both.

The patient and doctor will reap benefits from an online health record: patients will have the ability to view, share and update a copy of their medical information; doctors will get more reliable information from their patients, such as accurate medication lists.

We're looking for good ideas.

By working in partnership with people of all walks of life, we expect to learn what features and benefits are most valuable. The goal of this project is that patients would have better and more convenient access to their health information so that they can be more knowledgeable partners in their own care. Done correctly, this concept could lead to a robust online health record that helps to:

- + Give patients access to the tools and information they need to improve their health
- + Give doctors and patients the ability to compare information
- + Make it easier for patients to securely gather and store a copy of their health information to share with doctors, family members and others.
- + Create a copy of each patient's health record that is portable, easily accessible, and comprehensive

What about privacy and security?

Privacy, security and convenience are our highest priorities. Personal health information is near and dear to everyone—and must be protected. Help us define what privacy and security mean to you! What can be designed into the online record so that it ultimately offers convenience while still meeting your privacy expectations?

How does the Washington State project stand out from other efforts?

Across the country, patients, doctors and many health care entities are working on online health records. The Washington State initiative is different from other efforts in a crucial way: we are focused on the patient and the patient's relationship with his or her doctor, not just on sharing health information among doctors and healthcare providers. We're working to provide multiple opportunities for patients to participate and inform our process.

We need your input and participation!
Go to www.AccessMyHealth.org to get involved.

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AccessMyHealth.org is not a personalized online health record, but helps consumers and patients safely explore available e-health opportunities.

We will protect the privacy of your personal information to the fullest extent of the law. We will not share your email or other personal information with any other party for commercial purposes.